

## Esophagogastroduodenoscopy (EGD) Prep Instructions

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### 7 DAYS PRIOR

- The following medications should be stopped 7 days prior to your procedure
- Aspirin            · Meloxicam        · Motrin
- Ibuprofen        · Advil                · BC Goody Powder
- Aleve             · Naproxen

### 5 DAYS PRIOR

- The following medications should be stopped 5 days prior to your procedure
- Plavix            · Warfarin
- Coumadin

### 4 DAYS PRIOR

- Confirm your ride
- You must have a responsible adult to accompany you to your appointment
- Riding the Transit is not an acceptable alternative

### 3 DAYS PRIOR

- The following medications should be stopped 3 days prior to your procedure
- Xarelto
- Pradaxa
- Eliquis

### 2 DAYS PRIOR

- Cancellations
- If you will not be able to make your appointment, please call to avoid a cancellation fee
- Hydrate
- Try to drink at least 4-6 8oz. glasses of water or clear liquids throughout the day to stay hydrated for your IV on the day of your appointment

### 1 DAY PRIOR

- Diabetic Patients
- If you take oral diabetic medications: you may take your morning dose, but skip the evening dose
- If you use insulin: you may have the morning dose, but skip the evening dose
- Monitor your blood sugar as you normally would throughout the day
- Hydrate
- Try to drink at least 4-6 8oz. glasses of water or clear liquids throughout the day to stay hydrated for your IV on the day of your appointment
- Food and Drink Intake
- You can eat and drink regularly until midnight
- Nothing else to eat or drink after midnight until after your procedure is over tomorrow

### PROCEDURE DAY

- Early Morning
- Take your usual prescribed heart medication/blood pressure medication with a sip of water if applicable
- Diabetic Patients
- Do not take any diabetic medications (oral or insulin) until after your procedure