










Plenvu Instructions

7 DAYS BEFORE PROCEDURE	5 DAYS BEFORE PROCEDURE	3 DAYS BEFORE PROCEDURE	1 DAY BEFORE PROCEDURE (Prep Day Part 1)	1 DAY BEFORE PROCEDURE (Prep Day Part 2)	PROCEDURE DAY
<p>Do not take any medicines listed below 7 days before your procedure:</p>  <ul style="list-style-type: none"> ●Aspirin ●Ibuprofen ●Motrin ●Aleve ●Meloxicam ●Advil ●Naproxen ●BC Goody's 	<p>Do not take any medicines listed below 5 days before your procedure:</p>  <ul style="list-style-type: none"> ●Plavix ●Coumadin ●Warfarin  <p><u>Ride home:</u> Confirm you have a responsible adult to drive you home after the procedure. (You may NOT ride the transit or take a taxi home.)</p>	<p>Do not take any medicines listed below 3 days before your procedure:</p>  <ul style="list-style-type: none"> ●Xarelto ●Pradaxa ●Eliquis ●Savaysa <p>**A member of our staff will call to confirm your arrival time prior to your procedure. If a message is left, please return the call at your earliest convenience.**</p>	<p>*NO SOLID FOOD TODAY!</p>  <p><u>You can have clear liquids all day today.</u> (See the attached clear liquid diet sheet). The more you drink, the better your prep will be.</p>  <p>5:00PM: <u>PART 1:</u> Mix and drink the 1st dose of Plenvu following the instructions provided by the office.</p> <p>Mixing Instructions: 1- Pour Dose 1 in the clear container provided, fill with water, mix and drink. 2- Then drink 2 full containers of water.</p>	<p> 10:00PM: <u>PART 2:</u> Mix and drink the 2nd dose of Plenvu following the instructions provided by the office.</p> <p>Mixing Instructions: 1- Pour Dose 2 pouch A and Pouch B in the clear container, mix with water and drink. 2- Then drink 2 full containers of water.</p> <p>**You may continue clear liquids until the allowed time in the next column.**</p>	<p>YOU CAN HAVE CLEAR LIQUIDS TODAY UNTIL:</p>   <p>(No gum, candy, mints, ice chips, sips of clear liquid or chewing tobacco after the time listed above.)</p> <p><u>Early morning:</u> Take your usual prescribed heart medication / blood pressure medication with a sip of water if applicable. Do not take any other medications before your procedure unless instructed to do so.</p>

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