Western Carolina Digestive Consultants

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# Esophagogastroduodenoscopy (EGD) Prep Instructions

## 14 DAYS prior --- Hold Phentermine

## 8 DAYS prior

The following medications should be stopped 8 days prior to your procedure:

* Trulicity
* Ozempic
* Mounjaro
* Saxenda
* Rybelsus
* Wegovy
* Zepbound

**\*\*STOP ANY WEEKLY INJECTABLE MEDICATIONS FOR DIABETES OR WEIGHT LOSS\*\***

## 7 DAYS prior

* The following medications should be stopped 7 days prior to your procedure
* Aspirin · Meloxicam · Motrin
* Ibuprofen · Advil · BC Goody Powder
* Aleve · Naproxen
* Diclofenac
* Vazalore

## 5 days prior

* The following medications should be stopped 5 days prior to your procedure
* Plavix · Warfarin
* Coumadin
* Brilinta
* Prasugrel

## 4 days prior

* Confirm your ride
* You must have a responsible adult to accompany you to your appointment
* Riding the Transit is not an acceptable alternative

## 3 Days prior

* The following medications should be stopped 3 days prior to your procedure
* Xarelto
* Pradaxa
* Eliquis

## 2 days prior

* Cancellations
* If you will not be able to make your appointment, please call to avoid a cancellation fee
* Hydrate
* Try to drink at least 4-6 8oz. glasses of water or clear liquids throughout the day to stay hydrated for your IV on the day of your appointment

## 1 day prior

* Diabetic Patients
* If you take oral diabetic medications: you may take your morning dose, but skip the evening dose
* If you use insulin: you may have the morning dose, but skip the evening dose
* Monitor your blood sugar as you normally would throughout the day
* Hydrate
* Try to drink at least 4-6 8oz. glasses of water or clear liquids throughout the day to stay hydrated for your IV on the day of your appointment
* Food and Drink Intake
* You can eat and drink regularly until midnight
* Nothing else to eat or drink after midnight until after your procedure is over tomorrow

## Procedure day

* Early Morning
* Take your usual prescribed heart medication/blood pressure medication (\*\*this does not include blood thinners) with a sip of water if applicable
* DO NOT RESTART ANY BLOOD THINNERS UNTIL YOU ARE INSTRUCTED TO POST-OPERATIVELY
* Diabetic Patients
* Do not take any diabetic medications (oral or insulin) until after your procedure
* You may have clear liquids up until **4 hours prior to your arrival time**. After the 4 hour mark, **nothing by mouth** (no gum, ice chips, mints, smokeless tobacco, etc).

**\*No Tobacco Products 6 hours prior to your arrival time\*\***

**You are scheduled for a:** □ EGD

**At:** □ Endoscopy Center □ Angel Medical Center □ Harris Regional Hospital

**With:** □ Dr. Philip Stack □ Dr. Charles Barrier □ Dr. Philip Tanner □ Dr. Randall Savell

Date/Estimated Arrival Time:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

\*\*Please initial that you understand your prep instructions:

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ / \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ (staff)