

**MIRALAX PREP(AM)** You are scheduled for  EGD  Colonoscopy: \_\_\_\_/\_\_\_\_/\_\_\_\_ Estimated Arrival

Time: \_\_\_\_\_

<input type="checkbox"/> Dr. Philip Stack	<input type="checkbox"/> Angel Medical Center	***Purchase for the Miralax Prep:
<input type="checkbox"/> Dr. Charles Barrier	<input type="checkbox"/> Harris Regional Hospital	- 1 (238 gram) bottle of Miralax or generic equivalent
<input type="checkbox"/> Dr. Philip Tanner	<input type="checkbox"/> Western Carolina Endoscopy Center	- 64 ounces of Gatorade (not red or purple)
<input type="checkbox"/> Dr. Randall Savell	(Franklin) 828-349-3636	

Medications to STOP	Medications To STOP	INFORMATION LEADING TO PROCEDURE	1 DAY BEFORE PROCEDURE (Prep Day)	PROCEDURE DAY
---------------------	---------------------	----------------------------------	-----------------------------------	---------------



**14 DAYS PRIOR:**

Phentermine

**8 DAYS PRIOR:**

**Any GLP-1 Agonists  
Medications for diabetes  
and/or weight-loss**

- Trulicity
- Ozempic
- Mounjaro
- Saxenda
- Rybelsus
- Wegovy
- Zepbound

**\*ANY WEEKLY WEIGHT-  
LOSS INJECTABLE  
MEDICATIONS**

**7 DAYS PRIOR:**

- Aspirin
- Vazalore
- Ibuprofen
- Motrin
- Aleve
- Meloxicam
- Advil
- Naproxen
- BC Goody's
- Diclofenac



**5 DAYS PRIOR:**

- Plavix
- Coumadin
- Warfarin
- Brilinta

**3 DAYS PRIOR:**

- Xarelto
- Pradaxa
- Eliquis
- Savaysa

**\*\*A member of our staff will call to confirm your arrival time prior to your procedure. If a message is left, please return the call at your earliest convenience.\*\***



**Ride home:**

Confirm you have a responsible adult to drive you home after the procedure. (You may **NOT** ride the transit or take a taxi home.)

**\*NO SOLID FOOD TODAY!**



**You can have clear liquids all day today.** (See the attached clear liquid diet sheet). The more you drink, the better your prep will be.

**\*Mix together 64oz of Gatorade and 1 bottle (238g) of Miralax and refrigerate.**



**3:00 PM:**

Take 2 (bisacodyl) Dulcolax tablets.



**8:00 PM:** Take 2

more (bisacodyl) Dulcolax tablets.



**5:00 PM:**

Begin drinking 8 oz. of the Miralax mixture every 15 minutes until you finish 32 ounces.



**10:00 PM:**

Begin drinking 8 oz. of the Miralax mixture every 15 minutes until you finish 32 ounces.

**\*\*You may continue clear liquids until the allowed time in the next column.\*\***

**\*\*No Tobacco Products  
6 hours prior to your  
arrival time\*\***

**YOU CAN HAVE  
CLEAR LIQUIDS  
TODAY UNTIL:**



**4 Hours Prior  
to your Arrival time**

(No gum, candy, mints, ice chips, sips of clear liquid or chewing tobacco **after** the time listed above.)

**Early morning:**

Take your usual prescribed heart medication / blood pressure medication (NOT BLOOD THINNER) with a sip of water if applicable. Do not take any other medications before your procedure unless instructed to do so.

Do not take any medicines listed below 3 days before your procedure:



- Xarelto
- Pradaxa
- Eliquis
- Savaysa

**\*\*A member of our staff will call to confirm your arrival time prior to your procedure. If a message is left, please return the call at your earliest convenience.\*\***

Do not take any medicines listed below **5 days** before your procedure:



- Plavix
- Coumadin
- Warfarin
- Brilinta



**Ride home:** Confirm you have a responsible adult to drive you home after the procedure. (You may **NOT** ride the transit or take a taxi home.)

Do not take any medicines listed below **7 days** before your procedure:



- **Aspirin**
- **Vazalore**
- **Ibuprofen**
- **Motrin**
- **Aleve**
- **Meloxicam**
- **Advil**
- **Naproxen**
- **BC Goody's**
- **Diclofenac**