










**MIRALAX PREP(PM)** You are scheduled for  EGD  Colonoscopy: \_\_\_\_/\_\_\_\_/\_\_\_\_ Estimated Arrival

Time: \_\_\_\_\_

|  |  |  |
|--|--|--|
| <input type="checkbox"/> Dr. Philip Stack    | <input type="checkbox"/> Angel Medical Center              | ***Purchase for the Miralax Prep:  |
| <input type="checkbox"/> Dr. Charles Barrier | <input type="checkbox"/> Harris Regional Hospital          | - 1 (238 gram) bottle of Miralax or generic equivalent and 1 )117g bottle of Miralax |
| <input type="checkbox"/> Dr. Philip Tanner   | <input type="checkbox"/> Western Carolina Endoscopy Center | - 96 ounces of Gatorade (not red or purple)  |
| <input type="checkbox"/> Dr. Randall Savell  | (Franklin) 828-349-3636                                    | <b>1 DAY BEFORE PROCEDURE</b>  |

| Medications to STOP   | Medications to STOP   | Information Leading to Procedure   | (Prep Day)  | PROCEDURE DAY  |
|---|---|--|---|--|
|  <p><b>14 DAYS PRIOR:</b></p> <p>Phentermine</p> <p><b>8 DAYS PRIOR:</b><br/>Any GLP-1 Agonists<br/>Medications for diabetes and/or weight-loss</p> <ul style="list-style-type: none"> <li>• Trulicity</li> <li>• Ozempic</li> <li>• Mounjaro</li> <li>• Saxenda</li> <li>• Rybelsus</li> <li>• Wegovy</li> <li>• Zepbound</li> </ul> <p><b>*ANY WEEKLY WEIGHT-LOSS INJECTABLE MEDICATIONS</b></p> <p><b>7 DAYS PRIOR:</b></p> <ul style="list-style-type: none"> <li>• Aspirin</li> <li>• Vazalore</li> <li>• Ibuprofen</li> <li>• Motrin</li> <li>• Aleve</li> <li>• Meloxicam</li> <li>• Advil</li> <li>• Naproxen</li> <li>• BC Goody's</li> </ul> |  <p><b>5 DAYS PRIOR:</b></p> <ul style="list-style-type: none"> <li>• Plavix</li> <li>• Coumadin</li> <li>• Warfarin</li> <li>• Brilinta</li> </ul> <p><b>3 DAYS PRIOR:</b></p> <ul style="list-style-type: none"> <li>• Xarelto</li> <li>• Pradaxa</li> <li>• Eliquis</li> <li>• Savaysa</li> </ul> | <p><b>**A member of our staff will call to confirm your arrival time prior to your procedure. If a message is left, please return the call at your earliest convenience.**</b></p> <p> <b>Ride home:</b><br/>Confirm you have a responsible adult to drive you home after the procedure. (You may <b>NOT</b> ride the transit or take a taxi home.)</p> | <p><b>*NO SOLID FOOD TODAY!</b></p> <p> <b>You can have clear liquids all day today.</b> (See the attached clear liquid diet sheet). The more you drink, the better your prep will be.</p> <p><b>*Mix together 64oz of Gatorade and 1 bottle (238g) of Miralax and refrigerate.</b></p> <p> <b>3:00 PM:</b><br/>Take 2 (bisacodyl) Dulcolax tablets.</p> <p> <b>5:00 PM:</b><br/>Begin drinking 8 oz. of the Miralax mixture every 15 minutes until you finish 32 ounces.</p> <p> <b>8:00 PM:</b><br/>Take 2 more (bisacodyl) Dulcolax tablets.</p> <p> <b>10:00 PM:</b><br/>Begin drinking 8 oz. of the Miralax mixture every 15 minutes until you finish 32 ounces.</p> | <p><b>At 6AM Drink the following mixture within 30 minutes:</b></p> <p><b>117g of Miralax and 32 ounces of gatorade (or a clear liquid).</b></p> <p><b>**No Tobacco Products 6 hours prior to your arrival time**</b></p> <p><b>YOU CAN HAVE CLEAR LIQUIDS TODAY UNTIL:</b></p> <p> <b>4 Hours Prior to your Arrival time</b></p> <p>(No gum, candy, mints, ice chips, sips of clear liquid or chewing tobacco <b>after</b> the time listed above.)</p> <p><b>Early morning:</b> Take your usual prescribed heart medication / blood pressure medication (NOT BLOOD THINNER) with a sip of water if applicable. Do not take any other medications</p> |

**\*\*You may continue clear liquids until the allowed time in the next column.\*\***

- **Diclofenac**

before your procedure unless instructed to do so.