PLENVU PREP(PM)

You are scheduled for ☐ **EGD**   ☐ **Colonoscopy:**____/____/_____ Estimated Arrival Time:_____

☐ Dr. Philip Stack   ☐ Dr. Charles Barrier   ☐ Dr. Phil Tanner   ☐ Dr. Randall Savell

☐ Angel Medical Center   ☐ Harris Hospital   ☐ Western Carolina Endoscopy Center (Franklin)

828-349-3636

*Pick your prep up at the Pharmacy and purchase 1 (117g) bottle of Miralax over the counter.

Please initial your understanding of all instructions:

_____ / _____ (staff)

Medications to STOP	Medications to STOP	Information Leading to Procedure	1 DAY BEFORE PROCEDURE (Prep Day)	PROCEDURE DAY
STOP **14 DAYS PRIOR:** **Phentermine** **8 DAYS PRIOR:** **Any GLP-1 Agonists Medications for diabetes and/or weight-loss** • **Trulicity** • **Ozempic** • **Mounjaro** • **Saxenda** • **Rybelsus** • **Wegovy** • **Zepbound** ***ANY WEEKLY WEIGHT-LOSS INJECTABLE MEDICATIONS** **7 DAYS PRIOR:** • **Aspirin** • **Vazalore** • **Ibuprofen** • **Motrin** • **Aleve** • **Meloxicam** • **Advil** • **Naproxen** • **BC Goody's** • **Diclofenac**	**STOP** **5 DAYS PRIOR:** • **Plavix** • **Coumadin** • **Warfarin** • **Brilinta** **3 DAYS PRIOR:** • **Xarelto** • **Pradaxa** • **Eliquis** • **Savaysa**	****A member of our staff will call to confirm your arrival time prior to your procedure. If a message is left, please return the call at your earliest convenience.**** ✅ **Ride home:** Confirm you have a responsible adult to drive you home after the procedure. (You may **NOT** ride the transit or take a taxi home.)	***NO SOLID FOOD TODAY!!!***. ✅ **You can have clear liquids all day today.** *(See the attached clear liquid diet sheet).* The more you drink, the better your prep will be. ⏰ **5:00PM:** **PART 1:** Mix and drink the 1st dose of Plenvu following the instructions provided by the office. Mixing Instructions: 1- Pour Dose 1 in the clear container provided, fill with water, mix and drink. 2- Then drink 2 full containers of water. ⏰ **10:00PM:** **PART 2:** Mix and drink the 2nd dose of Plenvu following the instructions provided by the office. Mixing Instructions: 1. Pour Dose 2 pouch A and Pouch B in the clear container, mix with water and drink. 2. Then drink 2 full containers of water.	**At 6AM** Drink the following mixture within 30 minutes: **117g of Miralax and 32 ounces of gatorade (or a clear liquid).** ****No Tobacco Products 6 hours prior to your arrival time**** **YOU CAN HAVE CLEAR LIQUIDS TODAY UNTIL:** ⏰ **4 Hours Prior to your Arrival time** (No gum, candy, mints, ice chips, sips of clear liquid or chewing tobacco **after** the time listed above.) **Early morning:** Take your usual prescribed heart medication / blood pressure medication (NOT BLOOD THINNER) with a sip of water if applicable. Do not take any other medications before your procedure unless instructed to do so.