








**SUTAB PREP(AM)** You are scheduled for  EGD  Colonoscopy: \_\_\_/\_\_\_/\_\_\_ Estimated Arrival Time: \_\_\_

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Angel Medical Center  Harris Hospital  Western Carolina Endoscopy Center (Franklin)  
828-349-3636

Please initial your understanding of all instructions:  
\_\_\_\_\_/\_\_\_\_\_(staff)

\*Pick your prep up at the Pharmacy

Medications to STOP	Medications to STOP	Information Leading to Procedure	1 DAY BEFORE PROCEDURE (PREP DAY)	PROCEDURE DAY
 <p><b>14 DAYS PRIOR:</b></p> <p>Phentermine</p> <p><b>8 DAYS PRIOR:</b> Any GLP-1 Agonists Medications for diabetes and/or weight-loss</p> <ul style="list-style-type: none"> <li>• Trulicity</li> <li>• Ozempic</li> <li>• Mounjaro</li> <li>• Saxenda</li> <li>• Rybelsus</li> <li>• Wegovy</li> <li>• Zepbound</li> </ul> <p><b>ANY WEEKLY WEIGHT-LOSS INJECTABLE MEDICATIONS</b></p> <p><b>7 DAYS PRIOR:</b></p> <ul style="list-style-type: none"> <li>• Aspirin</li> <li>• Vazalore</li> <li>• Ibuprofen</li> <li>• Motrin</li> <li>• Aleve</li> <li>• Meloxicam</li> <li>• Advil</li> <li>• Naproxen</li> <li>• BC Goody's</li> <li>• Diclofenac</li> </ul>	 <p><b>5 DAYS PRIOR:</b></p> <ul style="list-style-type: none"> <li>• Plavix</li> <li>• Coumadin</li> <li>• Warfarin</li> <li>• Brilinta</li> </ul> <p><b>3 DAYS PRIOR:</b></p> <ul style="list-style-type: none"> <li>• Xarelto</li> <li>• Pradaxa</li> <li>• Eliquis Savaysa</li> </ul>	<p><b>**A member of our staff will call to confirm your arrival time prior to your procedure. If a message is left, please return the call at your earliest convenience.**</b></p>  <p><b>Ride home:</b> Confirm you have a responsible adult to drive you home after the procedure. (You may <b>NOT</b> ride the transit or take a taxi home.)</p>	<p><b>***NO SOLID FOOD TODAY!!!***</b></p> <p> <b>You can have clear liquids all day today.</b> (See the attached clear liquid diet sheet). The more you drink, the better your prep will be.</p> <div style="display: flex; justify-content: space-around;"> <div data-bbox="909 873 1203 1075">  <b>5:00PM:</b> <b>PART 1:</b> Take the first bottle of tablets following the instructions provided by the <b>office</b>.</div> <div data-bbox="1230 873 1654 1049">  <b>10:00PM:</b> <b>PART 2:</b> Take the second bottle of tablets following the instructions provided by the <b>office</b>.</div> </div> <p><b>Instructions:</b></p> <ol style="list-style-type: none"> <li>1) Open 1 bottle of 12 tablets. Fill the provided container with 16 ounces of water. Swallow one tablet every 1-2 minutes. You should finished the 12 tablets and the entire 16oz of water within 20 minutes.</li> <li>2) Approximately 1 hour after the last tablet is swallowed, fill the container with water a second time and drink within 30 minutes.</li> <li>3) Approximately 30 minutes after completing step 3, fill the container with 16 ounces of water and drink the entire amount over 30 minutes.</li> </ol> <p><b>Instructions:</b></p> <ol style="list-style-type: none"> <li>1) Open 1 bottle of 12 tablets.</li> <li>2) Fill the provided container with 16 ounces of water. Swallow one tablet every 1-2 minutes. You should finished the 12 tablets and the entire 16oz of water within 20 minutes.</li> <li>3) Approximately 1 hour after the last tablet is swallowed, fill the container with water a second time and drink within 30 minutes.</li> <li>4) Approximately 30 minutes after completing step 3, fill the container with 16 ounces of water and drink the entire amount over 30 minutes.</li> </ol> <p><b>**You may continue clear liquids only until the time allowed in the next column.**</b></p>	<p><b>**No Tobacco Products 6 hours prior to your arrival time**</b></p> <p><b>YOU CAN HAVE CLEAR LIQUIDS TODAY UNTIL:</b></p> <p> <b>4 Hours Prior to your Arrival time</b></p> <p>(No gum, candy, mints, ice chips, sips of clear liquid or chewing tobacco <b>after</b> the time listed above.)</p> <p><b>Early morning:</b> Take your usual prescribed heart medication / blood pressure medication (NOT BLOOD THINNER) with a sip of water if applicable. Do not take any other medications before your procedure unless instructed to do so.</p>

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