

MIRALAX PREP- AM *

You will need to purchase Miralax (238g) and Gatorade

Scheduled Procedure:

☐ EGD

☐ Colonoscopy

Date: _____

Estimated Arrival Time: _____

** Your final arrival time will be given when your appointment is confirmed.*

Doctor

Scheduled with:

*subject to change

Location of Procedure: ☐ Franklin- Endoscopy Center ☐ Harris Hospital ☐ Angel

**Failure to stop any of the medications listed below, may result in your procedure being canceled.*

STOP

Medications to Stop Prior to Your Procedure:

14 Days- Phentermine

8 DAYS

-Semaglutide
-Trulicity
-Ozempic
-Mounjaro
-Saxenda
-Rybelsus
-Wegovy
-Zepbound
-Soliqua
-

*Any other **WEEKLY** GLP-1 Agonist medications for diabetes or weight loss.

7 DAYS

-Aspirin
-Vazalore
-Ibuprofen
-Motrin
-Aleve
-Meloxicam
-Advil
-Naproxen
-BC Goody's
-Diclofenac

5 DAYS

-Plavix
-Coumadin
-Warfarin
-Brilinta
-Prasugrel

4 DAYS

Daily GLP-1 agonist (pills or injections).

-Saxenda
-Rybelsus
-Soliqua

3 DAYS

- Xarelto
- Pradaxa
- Eliquis
- Savaysa



CONFIRMATION: About a week before your procedure, a staff member will call to confirm your appointment.

- If a message is left, please return our call at your earliest convenience. This call will provide you with your final arrival time. *We ask that you go by the arrival time during your confirmation call and NOT the estimated time on this form.
 - o Failure to confirm your appointment may result in your appointment being moved to the end of the day.



RIDE HOME- You must have a responsible adult to drive you home after your procedure. You MAY NOT ride the transit or take a taxi home.

- *The only time that this is allowed is if you have a responsible adult to ride transit or taxi service with you.*

PREP INFORMATION

1 DAY BEFORE PROCEDURE

***** NO SOLID FOOD TODAY*****

You may have clear liquids all day today. (See the clear liquid diet sheet attached)



5:00PM:

PART 1: Mix and drink the 1st dose of Miralax following the instructions provided by the office.

Mixing Instructions:

- 1- Open 1 flavor packet and pour the contents into 1 bottle.
- 2- Fill the bottle with water. Shake until mixed well. For best taste, refrigerate for 1 hour prior to drinking.
- 3- Drink 8 ounces every 15 minutes until bottle is empty.



10:00PM:

PART 1: Mix and drink the 2nd dose of Miralax following the instructions provided by the office.

Mixing Instructions:

1. Repeat step 1 to step 3 from Part 1

****You may continue clear liquids until instructed time.**

PROCEDURE DAY



Early morning: Take your usual prescribed heart medication / blood pressure medication (NOT BLOOD THINNER) with a sip of water if applicable. Do not take any other medications before your procedure unless instructed to do so.

****No Tobacco Products 6 hours prior to your arrival time****



_ YOU CAN HAVE CLEAR LIQUIDS UNTIL 4 HOURS PRIOR TO YOUR ARRIVAL TIME!!

(No gum, candy, mints, ice chips, sips of clear liquid or chewing tobacco **after** the 4 hours mark.)

Franklin ENDOSCOPY Center

(828) 349-3636

197 Riverview Street, Franklin, NC 28734

Harris Regional Procedures

(828) 586-9200

68 Hospital Drive, Sylva, NC 28779

Patient Initials _____ / Staff Initials _____

