

MIRALAX PREP- PM *

You will need to purchase Miralax (238g and 117g) and Gatorade

Scheduled Procedure:

☐ EGD

☐ Colonoscopy

Date: _____

Estimated Arrival Time: _____

** Your final arrival time will be given when your appointment is confirmed.*

Doctor

Scheduled with:

*subject to change

Location of Procedure: ☐ Franklin- Endoscopy Center ☐ Harris Hospital ☐ Angel

**Failure to stop any of the medications listed below, may result in your procedure being canceled.*



Medications to Stop Prior to Your Procedure:

14 Days- Phentermine

8 DAYS

-Semaglutide
-Trulicity
-Ozempic
-Mounjaro
-Saxenda
-Rybelsus
-Wegovy
-Zepbound
-Soliqua
-Tirzepatide

*Any other **WEEKLY** GLP-1 Agonist medications for diabetes or weight loss.

7 DAYS

-Aspirin
-Vazalore
-Ibuprofen
-Motrin
-Aleve
-Meloxicam
-Advil
-Naproxen
-BC Goody's
-Diclofenac

5 DAYS

-Plavix
-Coumadin
-Warfarin
-Brilinta
-Prasugrel

4 DAYS

Daily GLP-1 agonist (pills or injections).
-Saxenda
-Rybelsus
-Soliqua

3 DAYS

- Xarelto
- Pradaxa
- Eliquis
- Savaysa



CONFIRMATION: About a week before your procedure, a staff member will call to confirm your appointment.

- If a message is left, please return our call at your earliest convenience. This call will provide you with your final arrival time. *We ask that you go by the arrival time during your confirmation call and NOT the estimated time on this form.
 - o Failure to confirm your appointment may result in your appointment being moved to the end of the day.



RIDE HOME- You must have a responsible adult to drive you home after your procedure. You MAY NOT ride the transit or take a taxi home.

- *The only time that this is allowed is if you have a responsible adult to ride transit or taxi service with you.*

PREP INFORMATION

1 DAY BEFORE PROCEDURE

***** NO SOLID FOOD TODAY*****

You may have clear liquids all day today. (See the clear liquid diet sheet attached)

***Mix together 64oz of Gatorade and 1 bottle (238g) of Miralax and refrigerate.**



3:00 PM: Take 2 (bisacodyl) Dulcolax tablets.



5:00 PM: Begin drinking 8 oz. of the Miralax mixture every 15 minutes until you finish 32 ounces.



8:00 PM: Take 2 more (bisacodyl) Dulcolax tablets.



10:00 PM: Begin drinking 8 oz. of the Miralax mixture every 15 minutes until you finish 32 ounces.

****You may continue clear liquids until instructed time.**

PROCEDURE DAY

At 6AM Drink the following mixture within 30 minutes:

117g of Miralax and 32 ounces of gatorade (or a clear liquid).



Early morning: Take your usual prescribed heart medication / blood pressure medication (NOT BLOOD THINNER) with a sip of water if applicable. Do not take any other medications before your procedure unless instructed to do so.

*****No Tobacco Products 6 hours prior to your arrival time****



YOU CAN HAVE CLEAR LIQUIDS UNTIL 4 HOURS PRIOR TO YOUR ARRIVAL TIME!!

(No gum, candy, mints, ice chips, sips of clear liquid or chewing tobacco **after** the 4 hours mark.)

Franklin ENDOSCOPY Center

(828) 349-3636

197 Riverview Street, Franklin, NC 28734

Harris Regional Procedures

(828) 586-9200

68 Hospital Drive, Sylva, NC 28779

Patient Initials _____ / Staff Initials _____

