

PLENVU PREP- PM *You will need to purchase Miralax over the counter*

Scheduled Procedure:

- EGD
 Colonoscopy

Date: _____

Estimated Arrival Time: _____

** Your final arrival time will be given when your appointment is confirmed.*

Doctor

Scheduled with: _____

**subject to change*

Location of Procedure: Franklin- Endoscopy Center Harris Hospital Angel

**Failure to stop any of the medications listed below, may result in your procedure being canceled.*



Medications to Stop Prior to Your Procedure:

14 Days- Phentermine

8 DAYS

- Semaglutide
- Trulicity
- Ozempic
- Mounjaro
- Saxenda
- Rybelsus
- Wegovy
- Zepbound
- Soliqua
- Tirzepatide

*Any other **WEEKLY** GLP-1 Agonist medications for diabetes or weight loss.

7 DAYS

- Aspirin
- Vazalore
- Ibuprofen
- Motrin
- Aleve
- Meloxicam
- Advil
- Naproxen
- BC Goody's
- Diclofenac

5 DAYS

- Plavix
- Coumadin
- Warfarin
- Brilinta
- Prasugrel

4 DAYS

- Daily** GLP-1 agonist (pills or injections).
- Saxenda
- Rybelsus
- Soliqua

3 DAYS

- Xarelto
- Pradaxa
- Eliquis
- Savaysa



CONFIRMATION: About a week before your procedure, a staff member will call to confirm your appointment.

- If a message is left, please return our call at your earliest convenience. This call will provide you with your final arrival time. **We ask that you go by the arrival time during your confirmation call and NOT the estimated time on this form.*
 - o Failure to confirm your appointment may result in your appointment being moved to the end of the day.



RIDE HOME- You must have a responsible adult to drive you home after your procedure. You **MAY NOT** ride the transit or take a taxi home.

- *The only time that this is allowed is if you have a responsible adult to ride transit or taxi service with you.*

PREP INFORMATION

1 DAY BEFORE PROCEDURE

***** NO SOLID FOOD TODAY*****

You may have clear liquids all day today. (See the clear liquid diet sheet attached)



5:00PM:

PART 1: Mix and drink the 1st dose of Plenvu following the instructions provided by the office.

Mixing Instructions:

- 1- Pour Dose 1 in the clear container provided, fill with water, mix and drink.
- 2- Then drink 2 full containers of water.



10:00PM:

PART 1: Mix and drink the 1st dose of Plenvu following the instructions provided by the office.

Mixing Instructions:

- 1- Pour Dose 2 pouch A and Pouch B in the clear container, mix with water and drink.
- 2- Then drink 2 full containers of water.

****You may continue clear liquids until instructed time.**

PROCEDURE DAY

At 6AM Drink the following mixture within 30 minutes:

117g of Miralax and 32 ounces of gatorade (or a clear liquid).



Early morning: Take your usual prescribed heart medication / blood pressure medication (NOT BLOOD THINNER) with a sip of water if applicable. Do not take any other medications before your procedure unless instructed to do so.

****No Tobacco Products 6 hours prior to your arrival time****



YOU CAN HAVE CLEAR LIQUIDS UNTIL 4 HOURS PRIOR TO YOUR ARRIVAL TIME!!

(No gum, candy, mints, ice chips, sips of clear liquid or chewing tobacco **after** the 4 hours mark.)

Franklin ENDOSCOPY Center

(828) 349-3636

197 Riverview Street, Franklin, NC 28734

Harris Regional Procedures

(828) 586-9200

68 Hospital Drive, Sylva, NC 28779

Patient Initials _____ / Staff Initials _____