

# SULFAVE PREP- PM \*You will need to purchase Miralax over the counter\*

## Scheduled Procedure:

- EGD  
 Colonoscopy

Date: \_\_\_\_\_

Estimated Arrival Time: \_\_\_\_\_

*\* Your final arrival time will be given when your appointment is confirmed.*

## Doctor

Scheduled with: \_\_\_\_\_

*\*subject to change*

Location of Procedure:  Franklin- Endoscopy Center  Harris Hospital  Angel

*\*Failure to stop any of the medications listed below, may result in your procedure being canceled.*



## Medications to Stop Prior to Your Procedure:

### 14 Days- Phentermine

#### 8 DAYS

- Semaglutide
- Trulicity
- Ozempic
- Mounjaro
- Saxenda
- Rybelsus
- Wegovy
- Zepbound
- Soliqua
- Tirzepatide

\*Any other **WEEKLY** GLP-1 Agonist medications for diabetes or weight loss.

#### 7 DAYS

- Aspirin
- Vazalore
- Ibuprofen
- Motrin
- Aleve
- Meloxicam
- Advil
- Naproxen
- BC Goody's
- Diclofenac

#### 5 DAYS

- Plavix
- Coumadin
- Warfarin
- Brilinta
- Prasugrel

#### 4 DAYS

- Daily** GLP-1 agonist (pills or injections).
- Saxenda
- Rybelsus
- Soliqua

#### 3 DAYS

- Xarelto
- Pradaxa
- Eliquis
- Savaysa



**CONFIRMATION:** About a week before your procedure, a staff member will call to confirm your appointment.

- If a message is left, please return our call at your earliest convenience. This call will provide you with your final arrival time. *\*We ask that you go by the arrival time during your confirmation call and NOT the estimated time on this form.*
  - o Failure to confirm your appointment may result in your appointment being moved to the end of the day.



**RIDE HOME-** You must have a responsible adult to drive you home after your procedure. You **MAY NOT** ride the transit or take a taxi home.

- *The only time that this is allowed is if you have a responsible adult to ride transit or taxi service with you.*

# PREP INFORMATION

## 1 DAY BEFORE PROCEDURE

**\*\*\* NO SOLID FOOD TODAY\*\*\***

You may have clear liquids all day today. (See the clear liquid diet sheet attached)



**5:00PM: PART 1: Mix and drink the 1<sup>st</sup> dose of Suflave following the instructions provided by the office.**

### Mixing Instructions

- 1- Open 1 flavor packet and pour the contents into 1 bottle.
- 2- Fill the bottle with water. Shake until mixed well. For best taste, refrigerate for 1 hour prior to drinking.
- 3- Drink 8 ounces every 15 minutes until bottle is empty.



**10:00PM: PART 1: Mix and drink the 2<sup>nd</sup> dose of Suflave following the instructions provided by the office.**

### Mixing Instructions

1. Repeat step 1 to step 3 from Part 1

**\*\*You may continue clear liquids until instructed time.**

## PROCEDURE DAY

**At 6AM Drink the following mixture within 30 minutes:**

**117g of Miralax and 32 ounces of gatorade (or a clear liquid).**



**Early morning:** Take your usual prescribed heart medication / blood pressure medication (NOT BLOOD THINNER) with a sip of water if applicable. Do not take any other medications before your procedure unless instructed to do so.

**\*\*No Tobacco Products 6 hours prior to your arrival time\*\***



**YOU CAN HAVE CLEAR LIQUIDS UNTIL 4 HOURS PRIOR TO YOUR ARRIVAL TIME!!**

(No gum, candy, mints, ice chips, sips of clear liquid or chewing tobacco after the 4 hours mark.)

### **Franklin ENDOSCOPY Center**

(828) 349-3636

197 Riverview Street, Franklin, NC 28734

### **Harris Regional Procedures**

(828) 586-9200

68 Hospital Drive, Sylva, NC 28779

Patient Initials \_\_\_\_\_ / Staff Initials \_\_\_\_\_

